



Founder of Little India, Sukhi Gill photo taken 1962.



Sukhi Gill opens the first Little India restaurant, Dunedin, 1991.

SAT SRI AKAL.

**Kia ora. Welcome to Little India.**

little  
**India**®



**We have chosen to present  
some of the more characteristic,  
yet legendary dishes from  
North India, especially the  
PUNJAB.**

**Our preparation makes our  
food beautiful to behold and  
addictive to the palate.**

little  
**India**®



Our grandmother Premjit Kaur Gill

**The recipes we use have come from  
the kitchen of our Grandmother**

**PREMJIIT KAUR GILL.**

**She has trained every one of  
Little India's head chefs in her  
own kitchen in CHANDIGARH.**

**Health and happiness. Enjoy!**

little  
**India**®

# starters

## **Vegetable Samosa - \$7.50**

Flaky pastry, filled with diced potatoes, peas and cumin seed, then fried golden brown.

Two Samosas per portion.

## **Pakorras - \$6.50**

Fresh vegetables dipped in a spiced chick pea batter and finished in hot oil.

## **Onion Bhaji - \$6.50**

Onion rings dipped in a spiced chick pea batter and finished in hot oil. Three Onion Bhajis per portion.

## **Paneer Aloo Tikki - \$12.00**

An interesting mixture of potatoes, home made Indian cottage cheese, onions and fresh coriander made into patties and finished in hot oil. A must for all vegetarians. Six Tikkis per portion.

## **Paneer Pakoras - \$12.00**

Home made Indian cottage cheese layered with spinach, then lightly dipped in a spiced chick pea batter and finished in hot oil.

Six Pakoras per portion.

## **Paneer Tikkas - \$17.00**

Home made India cottage cheese marinated in yoghurt and spices, skewered with green pepper and onions and roasted in the Tandoor.

Six pieces per portion.

## **Aloo Chaat - \$10.00**

A tangy and spicy mix of potato cubes, diced cucumber, tomato and onion seasoned with cumin powder and chaat masala.

## **Tandoori Mushrooms - \$15.50**

Mushrooms dipped in a spicy garlic and yoghurt marinade and cooked in the tandoor. Eight pieces per portion.

## **Tandoori Prawns - \$20.00**

Marinated prawns cooked in the tandoor. Eight pieces per portion.

## **Chooza Tikka - \$16.00**

Fillets of chicken marinated in yoghurt and spices overnight, then skewered and cooked in the tandoor. Five pieces per portion.

## **Malai Tikka - \$17.00**

Fillets of chicken marinated in yoghurt, crushed cashews, white pepper, cheese, fresh ground spices, then cooked in the tandoor.

Five pieces per portion.

## **Achaari Tikka - \$17.00**

Fillets of chicken marinated overnight in Little India's own mix of yoghurt, mustard, fenugreek and onion seeds, then cooked in the tandoor.

Five pieces per portion.

All main dishes are served with one portion of basmati rice. Any extra rice will be charged at \$4.50 per portion.

Good things take time, if you are in a hurry please let our friendly staff know.

Fully licensed • BYO wine only (corkage applies) • All dishes MSG free • No added sugar in any of our dishes.

All mains & starters gluten free (except Vegetable Samosa, Paneer Aloo Tikki & Malai Kofta).

**Tandoori Chicken(full)** - \$25.00

**Tandoori Chicken(half)** - \$15.00

Tender spring chicken marinated with fresh herbs and spices, then skewered and cooked in the tandoor.

**Fish Tikka** - \$17.00

Filleted fish marinated in yoghurt, mustard oil and spices, skewered and cooked in the tandoor. Six pieces per portion.

**Boti Kebab** - \$18.00

Diced lean lamb marinated overnight in a secret recipe and cooked in the tandoor.

Six pieces per portion.

**Barra Kebab** - \$20.00

Lamb chops dipped in a spicy marinade, skewered and cooked in the tandoor.

Four pieces per portion.

**Tandoori Platter for two** - \$30.00

Consists of Chooza Tikka, Malai Tikka, Achaari Tikka, Boti Kebab and Barra Kebab. A delightful array of Tandoori Kebabs.

**Mixed Platter for two** - \$27.00

Consists of Vegetable Samosa, Onion Bhaji, Boti Kebab, Barra Kebab and Tandoori Chicken. Specially recommended by Little India.

**Vegetarian Platter for two** - \$22.00

Consists of Vegetable Samosa, Pakoras, Onion Bhaji, Paneer Pakoras and Paneer Aloo Tikki. A must for all vegetarians.



Family photo, Delhi, 1959. From top left: our great grandmother Nihal Kaur, Jasbir, Premjit, bottom row: Shammi, Jugnu, Sukhi and Sukhinder.



**We use traditional**  
**TANDOORS**  
**which have a clay pot and are fired**  
**by charcoal. This gives our naans**  
**and meats their great flavour.**

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**Chicken Vindaloo** - \$19.00

**Lamb Vindaloo** - \$21.00

**Prawn Vindaloo** - \$23.00

A hot dish, made world famous by the Chefs of Goa. It has a Portugese influence. It is cooked with vinegar, capsicum and whole spices. Peas Pulao is a real compliment to this dish.

**Murg Mumtaz (Butter Chicken)** - \$19.50

A world famous Indian delicacy. Also known as butter chicken. Half cooked the tandoori way and finished the curry way, with crushed cashews, cream and spices.

**Mango Chicken** - \$19.50

Due to popular demand Little India has created its own unique recipe for Mango Chicken. Succulent chicken cooked in the tandoor and finished in our mouthwatering fragrant mango sauce.

**Kadai Chicken** - \$21.00

**Kadai Lamb** - \$22.50

**Kadai Prawns** - \$23.00

This mouth watering dish is cooked with crushed tomatoes, onions, cream and fresh coriander. It has a thick gravy and goes really well with one of our tandoori breads.

**Bhuna Chicken** - \$19.50

Boneless spring chicken cooked with ginger, garlic, fresh coriander, capsicum, onions and spices.

**Bhuna Gosht** - \$22.00

Diced lamb cooked with ginger, garlic, onions and spices.

**Murgee Madras** - \$19.00

**Lamb Madras** - \$21.00

A favourite with those who enjoy their curry hot. A South Indian dish with onions, ginger, garlic and spices. Vegetable Pulao is a real compliment with this dish.

**Chicken Saagwala** - \$19.50

**Lamb Saagwala** - \$21.50

**Prawn Saagwala** - \$23.00

An abundance of spinach, cooked with tomatoes, ginger, garlic and spices.

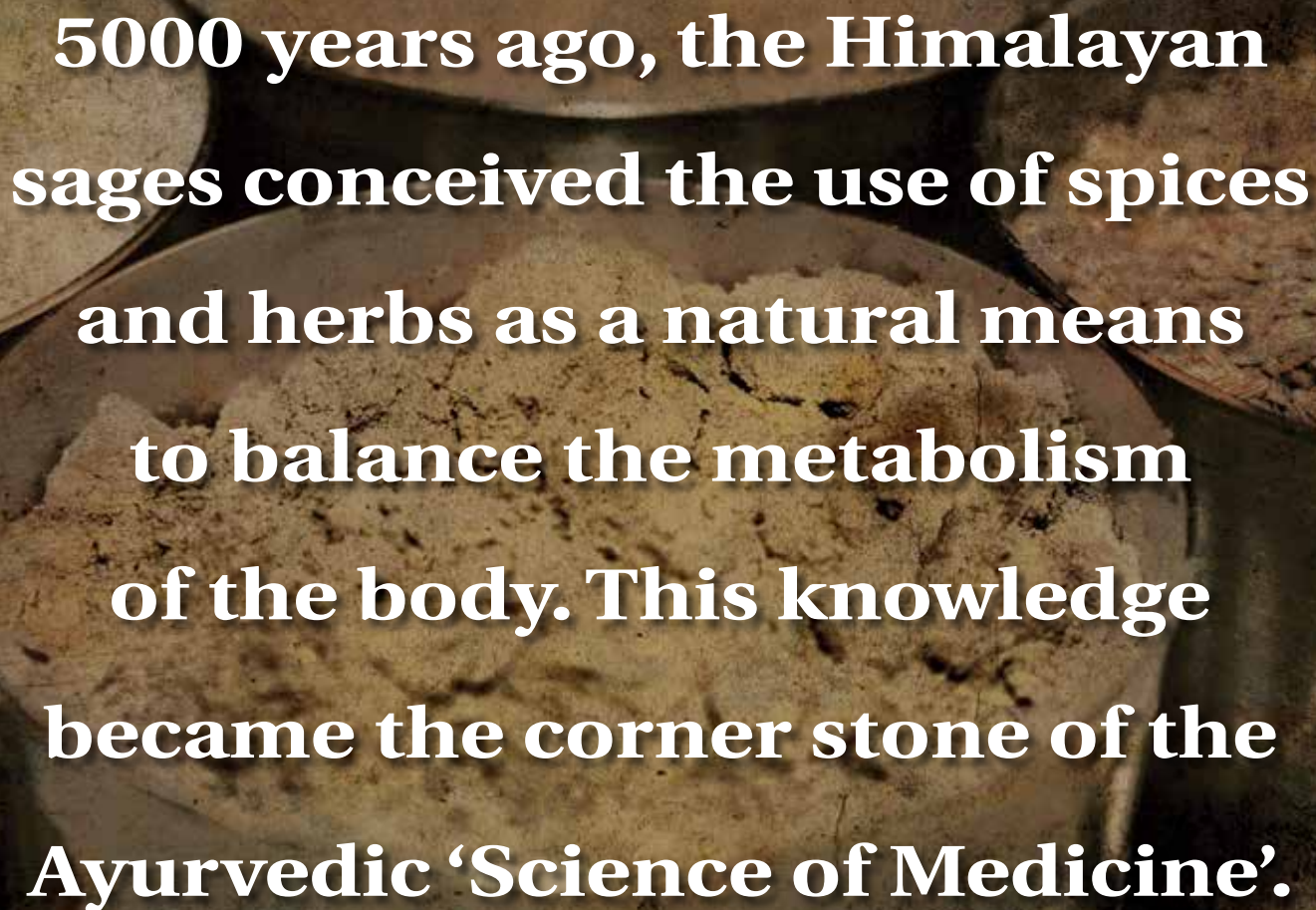
**Lamb Korma** - \$21.50

**Chicken Korma** - \$19.50

Traditionally a mild dish cooked in a creamy sauce made of almond paste, cream and spices. Kashmiri Pulao is a real compliment with this dish.

**Rogan Josh** - \$21.00

The master chefs of the Royal Mughal kitchens boasted about perfecting this dish. Lean lamb cooked with roasted and crushed spices.



**5000 years ago, the Himalayan sages conceived the use of spices and herbs as a natural means to balance the metabolism of the body. This knowledge became the corner stone of the Ayurvedic ‘Science of Medicine’.**

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**Chicken Tikka Masala - \$19.50**

An internationally renowned dish. Boneless chicken cooked in a secret recipe of yoghurt, cream and spices.

**Chicken Jhalfreeze - \$21.00**

**Lamb Jhalfreeze - \$22.50**

**Prawn Jhalfreeze - \$23.00**

Jhalfreeze was one of the supreme dishes created during the days of the Raj. "Jhal" is hot and "freeze" is stir fried. Cooked with red capsicum, coconut milk, tomatoes, spring onions and spices.

**Bengali Fish - \$22.00**

A popular East Indian fish dish. Cooked with ginger, garlic, onions, tomatoes and freshly ground spices.

**Fish Malabari - \$22.00**

**Prawn Malabari - \$23.00**

A Bombay speciality. Cooked with coconut, capsicum, tomatoes, cream and an assortment of spices.

**Achaari Chicken - \$21.00**

**Achaari Lamb - \$22.50**

Cooked with mustard oil, ginger, garlic, onion seeds, fenugreek seeds and spices. Intense in Indian pickle flavours, normally served hot.

**Lamb Pasanda - \$21.50**

Diced lamb lightly sauteed with onions, garlic, ginger, coriander and tomatoes. Then cooked with spices, yoghurt and cream.

**Lamb Dhansak - \$22.00**

Dhansak is a Parsi delicacy. Diced lean lamb cooked with lentils and vegetables, in a sauce tempered with coriander seeds, ginger, garlic and perfected with cooked pumpkin. Jeera rice is a real compliment with this dish.

**Chicken Biryani - \$21.00**

**Lamb Biryani - \$23.00**

**Prawn Biryani - \$25.00**

Basmati rice cooked with chicken, lamb or prawns. Infused with fresh spices and garnished with fresh coriander. A delicious wholesome meal served with raita, mixed pickle and papadoms.



Our grandfather Squadron Leader Jasbir Singh Gill, ADC to Jackie Kennedy on her trip to India, 1962.

# vegetarian

## **Aloo Gobi** - \$16.50

Potatoes and florets of cauliflower cooked with cumin seeds, turmeric, coriander and spices.

## **Aloo Saag** - \$17.00

Potatoes cooked with spinach and spices.

## **Ganga Jamuna Subzi** - \$17.00

Fresh seasonal vegetables cooked with cumin seeds, turmeric, chopped tomatoes and spices.

## **Aaloo Baingan** Seasonal - \$17.50

Sautéed eggplant and potato cooked with ginger, garlic, onions and tomatoes finished with freshly ground spices.

## **Subzi Bhaji** - \$17.00

Finely chopped seasonal vegetables cooked with garlic, ghee and a special mix of spices.

## **Malai Kofta** - \$18.00

Home made Indian cottage cheese, potatoes and spices mixed together and then finished in hot oil and served with a creamy gravy made of crushed cashews and spices.

## **Mattar Paneer** - \$18.00

Peas and home made Indian cottage cheese cooked with tomatoes, spices and herbs.

## **Palak Paneer** - \$18.00

Cubes of home made Indian cottage cheese cooked with spinach and spices.

## **Shahi Paneer** - \$18.00

Home made Indian cottage cheese cut in cubes and cooked with cream, tomatoes and crushed almonds.

## **Paneer Shimla Mirch** - \$18.00

Home made Indian cottage cheese cooked with capsicum, onions, tomatoes and spices.

Specially recommended by Little India .

## **Daal Makhani** - \$16.00

Black lentils and kidney beans cooked with ghee and spices.

## **Tarka Daal** - \$15.00

Yellow split lentils cooked with cumin seeds, ginger, garlic, tomatoes and turmeric.

## **Bombay Aloo** - \$14.00

Diced potatoes cooked with cumin seeds and spices. This is a dry dish.

## **Khumb Mattar** - \$18.00

Mushrooms and green peas cooked with garlic, cream and spices.

## **Aloo Mattar** - \$16.50

Potatoes and peas cooked with tomatoes and ground spices.

## **Amritsari Chole** - \$16.00

Chickpeas cooked with ginger, garlic, onions and tomatoes, finished with freshly ground spices and amchur, giving the dish unique North Indian flavours.

## **Vegetarian Biryani** - \$19.00

Basmati rice cooked with mixed seasonal vegetables. Infused with freshly ground spices and garnished with coriander. A delicious wholesome meal served with raita, mixed pickle and papadoms.

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**Maharaja Banquet**  
**(minimum two people or more)**

- \$38.00 per person

*Starters:* Vegetable Samosa, Onion Bhaji,  
 Barra Kebab and Tandoori chicken.

*Mains:* Murg Mumtaz, Lamb Vindaloo or  
 Madras, Ganga Jamuna Subzi served  
 with Basmati rice and Naan.

**Maharaja Vegetarian Banquet**  
**(minimum two people or more)**

- \$33.00 per person

*Starters:* Vegetable Samosa, Pakora, Onion Bhaji,  
 and Paneer Pakora.

*Mains:* Malai Kofta, Palak Paneer, Amritsari  
 Chole or Daal Makhani served with  
 Basmati rice and Naan.

**Little India Banquet**  
**(minimum four people or more)**

- \$48.00 per person

*Starters:* Papadoms and side dish platter,  
 followed by the Mixed Platter.

*Mains:* Choice of four mains served with  
 Basmati rice and Naan bread.

*Dessert:* Choice of dessert from the dessert  
 menu.



Premjit playing a sitar.



**Our food with its  
tandoori kebabs, kadais,  
and other delicacies,  
is complemented  
with NAAN breads  
and BASMATI rice.**

**Basmati rice is the king  
of all rice grown only in the  
PUNJAB.**

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**Sides****Poppadom (4 Pieces)** - \$2.00**Raita** - \$4.50

Yoghurt mixed with cucumber and ground spices.

**Mint Chutney** - \$4.50

Yoghurt mixed with mint, green chillies and spices.

**Kechumber** - \$4.50

Diced onions, tomatoes, cucumber, coriander with a touch of lemon juice and spices.

**Banana and Coconut** - \$4.50

Sliced bananas sprinkled with desiccated coconut.

**Little India Chilly Chutney** - \$4.00

For the daring!!!

**Mixed Vegetable Pickle** - \$4.00

Achar

**Mango Chutney** - \$4.00**Tamarind** - \$4.50

A sweet but tangy sauce, a perfect match for our vegetarian starters.

**Side Dish Platter** - \$12.00

Raita, mint chutney, kechumber, banana and coconut, Little India chilli chutney and mango chutney served with six papadoms.

**Little India Salad** - \$8.00

Onions, cucumber, cabbage and tomatoes with lemon juice and a special mix of spices.

**Onion Salad** - \$4.00**Rice****Basmati Rice** - \$4.50

Plain, steamed Basmati rice.

**Jeera Rice** - \$6.50

Basmati rice cooked with cumin seeds.

**Kashmiri Pulao** - \$7.00

Basmati rice mixed with cashews, almonds, sultanas and desiccated coconut.

**Peas Pulao** - \$7.00

Basmati rice cooked with sauteed peas, onions and spices.

**Mixed Vegetable Pulao** - \$7.50

Basmati rice cooked with fresh seasonal vegetables and spices.

**Chicken Pulao** - \$13.00

Basmati rice cooked with tender boneless chicken, peas, onions and spices.

# bread

## **Naan - \$3.50**

Leavened bread made of refined flour baked in the tandoor.

## **Garlic Naan - \$4.00**

Leavened bread sprinkled with crushed garlic, baked in the tandoor.

## **Keema Naan - \$5.50**

Naan with a stuffing of spiced lamb mince.

## **Onion Kulcha - \$4.50**

Naan with a stuffing of onions and spices.

## **Chicken Naan - \$5.50**

Naan with a stuffing of mildly spiced chicken

## **Paneer Kulcha - \$5.00**

Naan stuffed with home made Indian cottage cheese and spices.

## **Paneer & Garlic Kulcha - \$5.50**

Naan sprinkled with crushed garlic, stuffed with home made Indian cottage cheese and spices.

## **Kashmiri Naan - \$5.00**

Naan topped with nuts and sultanas.

## **Vegetable Kulcha - \$4.50**

Naan stuffed with fresh seasoned vegetables and spices.

## **Tandoori Roti - \$3.50**

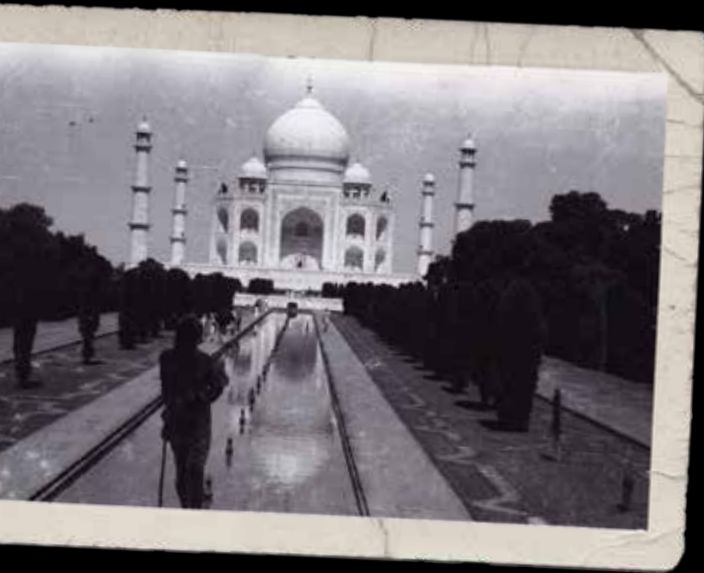
Unleavened wholemeal flour bread baked in the tandoor.

## **Lacha Parantha - \$4.50**

Unleavened wholemeal flour bread layered with lashings of ghee. Baked in the tandoor.

## **Aloo Parantha - \$4.50**

Unleavened wholemeal flour bread stuffed with potatoes, onions and spices.



The Taj Mahal, a shrine built for love, Agra, India.

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**Pista Kulfi** - \$10.00

Specially made for Little India with abundance of pistachios.

**Mango Kulfi** - \$10.00

Premium ice cream specially made for Little India, with mango liquer (optional).

**Gulab Jamun** - \$6.00

Creamed milk dumplings within a sweet syrup flavoured with green cardamoms. Served warm.

**Icecreams** - \$6.00

French Vanilla, Chocolate.



Waiting for the Dakota DC3 aircraft to be refueled in Malta, 1950. From left to right (foreground): Sqn. Ldr. Dani, our grandfather Squadron Leader Jasbir Singh Gill, Flight Lt. Agnihotri.

## Did you know?

**TURMERIC** is a blood purifier, improves liver functions, prevents coughs and colds, improves skin tone and is an antiseptic.

**CARDAMOM** prevents formation of kidney stones.

**NUTMEG** helps relieve stress.

**CINNAMON** helps fight diabetes and food poisoning.

**CUMIN** is a good digestive to 'settle' a heavy meal.

**BLACK PEPPER** effectively ward off colds and throat infections.

**CLOVE** (laung) controls gum and tooth infections, anti-nausea, combats colds, strengthens nerves and improves circulation.

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